

Australian women's health declining across key measures, landmark global report reveals

Breast cancer rates rising among younger women as national screening gap widens

Run time: 55:40

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Lynette Bolton

Breast cancer survivor, media personality, TV host,
wife of former Sydney Swans champion & mother-of-two, **SYDNEY**

00:34 – 00:53

Self-introduction

Well, hello. My name is Lynette Bolton. I am a wife. I'm a mum-to-two girls, and before I was a breast cancer survivor, I was a TV presenter. I am a coach for women and you know, that's just kind of me.

00:54 – 01:31

How did you feel when you first discovered a lump in your breast & how did you respond?

When I found the lump in my breast, it was of November 2025. I was just in the shower, and I felt something that I hadn't felt before. There's no history in my family. I don't tick any of the boxes of high risk. And it shocked me. It really did shock me. I thankfully did not put it off because I know that as mums, as women, especially that time of the year when there's a lot of other things on, it's very easy to put it in the too hard basket. But I did go and get it checked out and 10 days later I was officially diagnosed with breast cancer.

01:32 – 02:17

What was your specific breast cancer diagnosis?

So I was officially diagnosed with something called triple negative breast cancer, which is a aggressive, fast-growing breast cancer. And you can't use hormone blockers. It's not fed by hormones in your body. So it's one of the ones where you typically tend to go straight to chemo and/or surgery. What I like to think of it though is because it is such a fast-growing, voracious breast cancer, when you do feed chemo to the breast cancer, it responds really, really well. So it goes in, it gobbles up that chemo. I like to call it the stupid cancer. It goes in, gobbles up the chemo. And I found that honestly, within two treatments, I couldn't even feel the lump anymore. So I responded really, really quickly.



02:18 – 02:38

How did you feel when you were diagnosed with breast cancer?

Like, it's really, really scary [starts to cry] because there's so many stories about people who don't necessarily come out the other end. I never doubted that I wouldn't, but it's a shock.

02:39 – 03:17

Who were the hardest people to inform about your diagnosis, & what did your youngest daughter Piper say to you after your surgery?

I think probably the hardest was telling my parents because you're always going to be their little girl. And I know how hard it was for them to hear that, [huh], but they live locally. They've supported me, Jude and my parents have come to all of my appointments with me. The girls are thriving. Piper actually said to me after my surgery, "Mum, do you not have cancer anymore?" And I was like, "I'm not sure yet." She's like, "Okay, well just let me know."

03:18 – 03:33

How active were you before your breast cancer diagnosis, & how did that change once you started treatment?

When I was diagnosed with breast cancer, I felt like I was the healthiest I'd ever been. I was exercising, it was summer, we were going out, we were paddle boarding, swimming, all of the things, going to the gym. And then all of a sudden that stopped, just flat out stopped.

03:34 – 03:59

How do you respond to people who say this is unfair, & why do you see it differently?

Someone said to me once, "It's so unfair that this has happened to you." And I was like, "Well, actually I can handle this. And if I can use my experience to help other people, then I'm okay with it because it's certainly not going to be the thing that gets me. So I'm happy to be the person that maybe helps other people be a little bit stronger for themselves."

04:00 – 04:30

Can you describe the mental fog of chemo?

You'd wake up and it was a combination of being drunk, hungover, being on the red eye, with a newborn baby, and you're walking down the street with a pair of prescription sunnies that are not your prescription, and they're also dirty lenses. And that was kind of how I would wake up in the morning and go to bed. And I just had no idea what was going on. Like, I'm looking at the world but not understanding it.

04:31 – 04:50

How has living with breast cancer affected your career?

Before breast cancer, I was working as a travel TV presenter. I was doing a lot of media. Can't do that with breast cancer. But in saying that, it's also allowed me to sit back, and I guess see what else I'd like to do.

04:51 – 05:27

What interventions & treatments have you undergone in the past six months post-diagnosis, & what have they involved?

So I started with six months of chemo and immunotherapy. So the first three months of that I had chemo once a week. That was for 12 weeks. And then it got pushed out to once every two to three weeks. That was the first six months. Then after that I had a lumpectomy, which is the surgery and I'll continue to have immunotherapy till the end of the year. Last one being the 21st of December, which is exactly one year and two days since my first treatment, and I also have to schedule in three weeks of radiation, which I'll start soon.

05:28 – 05:47

On June 13, 2025 you were informed you were in the “all clear” & had no remaining cancer cells following surgery. Can you reflect on that moment?

With cancer, chemo's once a week, once a week, once a week. And then you have what we call, I had the Red Devil, where all my hair fell out and my nails started falling out. It's a lot. I'm not sure if I've processed even being diagnosed, let alone not having cancer anymore.

05:48 – 06:05

Now that you're in the “all clear”, what does your ongoing treatment journey involve?

So now I've been given the all clear. That's amazing. It means no more chemo for me, but I do still have to have three weeks of radiation, which is coming up. That's every day for three weeks. And then I'll have immunotherapy until the end of the year.

06:06 – 08:02

Can you reflect on using your social media platform to urge women to get checked for breast cancer?

So when I recorded the first video of myself announcing that I had breast cancer I wasn't sure if I would ever share it, to be perfectly honest with you. It was really more for me at that stage. I wanted to have something I could look back on and just try and remember this experience, because it was so busy. There was so much going on. And then the more I shot, the more I realised that it was not just therapeutic for me, but I really did have an opportunity to share with other people as well. And so I started posting them, and the response has just been incredible. It's from women who are experiencing breast cancer themselves. It is from partners. I've even had people in the medical profession reach out to me and say, “thank you so much for sharing those videos. I never realised that this is what it feels like for a patient.” So I started off by default, and I keep doing them now because every time I get a little self-conscious, someone will send me a message, and it's about their story or how it's helped them help somebody else. So that's why I'm doing them. That's why I'm still doing them. That's why I will continue to do them. And the other really important thing for me now is the more I share my story, the more it brings awareness to people. And I think everybody lives their life going “Oh that would never happen to me. I don't need to do that I don't need to worry about that.” That's exactly what happened to me. I was at a breast cancer lunch in October of last year and we all pledged that we would go and get our boobs checked and I didn't. No one thinks it will happen to them. And so if I can use my platform, my voice, my story to encourage people to get checked and to not forget about themselves, then I will continue to do my videos until the cows come home.

08:03 – 08:14

How important is early detection of breast cancer?

It is so important to detect breast cancer early. The earlier we can find it, the more chance we have of the woman living a long and healthy life.

08:15 – 08:32

How has your lived experience with breast cancer shaped your views on preventive healthcare?

A lot of the time we don't know that there is something going on and we don't always have those outward signs. So I really think that women keeping on top of their checks, making sure they're looking after themselves like they look after everybody else is really, really important.

08:33 – 09:20

According to The Hologic Global Women's Health Index data, only 23 per cent of Australian women were tested for cancer in the past year. Can you reflect on this?

So the Hologic Global Women's Health Index has found that in the last year, only 23 per cent of women have been tested for cancer. And it's not a lot. It doesn't surprise me though, because as women, we are so busy. We're always looking after everybody else. If we feel a little twinge or something, we say that we'll get to it later.

But the problem is women, there's more cancer than ever at the moment. And we really have to have that early diagnosis and that early assessment to be able to get women into the incredible services that we have. And if we aren't going and getting tested, then how are we going to know?

09:21 – 09:43

Why do you think so many women are not prioritising their healthcare needs, & what barriers are they facing?

So, in today's society, there are so many reasons why women probably aren't going and getting tested. First of all, it's time, access. It's also expensive. And unfortunately, with limited resources, which everybody has, our own health is not always the top of that priority list.

09:44 – 10:27

What is your message to other women who are delaying health checks or screening appointments?

So my message for anyone out there who is putting off getting a test, getting a screen, whether you're nervous, you're scared, whatever it is, please don't. Get it done. It's ticked off. If there is something that needs attention, you can get the attention. And if there's nothing, then you've ticked it off and you don't have to worry about it again for another 12, 18 months, whatever it is. Please, please, please do the test. I am living proof of someone who had no genetics, no family history, no reason to think that this could happen to me. I really just encourage everybody to go out and get their test. Get your bits checked.

10:28 – 10:57

How important is it for women to perform regular breast self-examinations?

And for those of you who might be a little bit worried about going to the GP or getting a mammogram, what you can actually do is you can test at home as well. So there's a thing called feel on the first, where the first of every month you can give yourself a little fiddle. You can get a friend to help if you want to. I always say make it fun, but just begin to know yourself and then you'll know if things are different, if something feels different. And that is something that you can be doing at home as well.

10:58 – 11:20

What is your message to other Australians living with breast cancer, & their families?

So if I have a message for other women living with breast cancer and for their families, it is you're not alone. A lot of us are going through this. You are stronger than you think and you've got this.

Jude Bolton

Former Sydney Swans champion, AFL commentator, radio co-host,
Lynette's husband & father-of-two, **SYDNEY**

11:26 – 11:45

Please describe Lynette.

Lynette's just an amazing mum, amazing wife. She's such a strong-willed person and I think it comes from her mum, herself, just very vibrant, energetic, but very much a people person as well.

11:46 – 12:02

How did you react to Lynette's diagnosis of breast cancer?

When Lynette got diagnosed with breast cancer, I think it was just in shock. I think I remember her coming up to me and sort of saying, 'I've got to go back for a biopsy. I've been to the GP the day before.' And yeah, she'd found the lump.



12:03 – 12:22

What role have you played in supporting Lynette through breast cancer?

In terms of my role, I think just for any carer or any partner, you're just looking to step up and help out where you can. You feel a little bit helpless. My natural thing is, can I fix something? Can I do it? And you can't. You just have to sit there and just support where you can.

12:23 – 13:10

How did your daughters (Siarra, 14 and Piper, 11) react to Lynette's diagnosis?

The youngest had probably a little bit more experience around just these sort of things with other community members that had gone through it and she's sort of aware of that. She came up and said to Lynette, "If you want to know anything about cancer, just ask me. I'm an expert." I was like, "Wow." She had that big sort of bit of a relief that it wasn't going to unravel for them. I think just in the future though, they'll look back when they see someone go through what Lynette's been through and realise what their mom's been through because Lynette's just continue to show up and be herself and I think at times they don't realise what she's actually been through.

13:11 – 13:37

What's struck you most about the way in which Lynette has managed her diagnosis?

She's had this positivity throughout after the diagnosis and throughout. And just the number of people that come up to me that say they're following her journey and they've been inspired by the way she's approached it and I've been inspired. I've just been sort of sat back and blown away by her resilience and overall positivity.

13:38 – 13:58

What has this experience taught you about Lynette's strength?

What I've learned is just how strong my wife is I think from that aspect. I've been sort of saying to her, "It's one year out of your life to set up the next 40-odd. We just want to do that and have every focus on getting her healthy and back to the way she wants to be and the way we want to be." And yeah, I think it's just been a crazy sort of ride, a crazy thing that you don't ever want to go through, but it happens so often.

13:59 – 15:00

What does Lynette mean to you & your daughters?

Ah, she's everything to me. Just her unwavering support of us throughout, and just her ability to be such a powerhouse around everywhere. When you're sort of faced with this sort of thing where it's so aggressive and it's a diagnosis that you know that many people don't see out of, it's been pretty full on to come to that sort of realisation that this is an enormous challenge that she had to face, ah, and so many do. Even the way she's sort of pretty happy-go-lucky, even with the oncologist, I remember the oncologist pulling her up and saying, 'You know this is f-ing serious.' You know, it's ah, and it's because she's got that sort of vibrance and approach to things. And I think that's what's kept her going as well.

15:01 – 16:19

What is your message to other carers & family members of those diagnosed with breast cancer?

Be that sounding board, cop a bit of the wrath. I mean, what Lynette's been through and what so many people have to go through is just, is just so confronting. I mean, you're getting poisoned from inside and out. She doesn't feel herself. She doesn't even recognise herself at times and, and trying to keep positive like that, but you know that it's their fight to battle and you're just there as a support network and it's going to be tough. But there's a light at the end of the tunnel and we've got incredible doctors, nurses and that support network. And I think that's been the sense of community around this as well. Ah, Lynette often says it's like, community you don't want to be a part of, but a community you don't realise you need. And I think that's that whole cancer journey that she's been on. I think she's going to be a pretty powerful voice, um, post- this because I've spoken to so many people who have gone, 'I've just been diagnosed. I've watched every one of your wife's videos and I've sort of got a sense of what's ahead of me now.' And yeah, Lynette has been a sounding board for them and tried to help them through. And I think that's what we need to lean on, those sort of experiences.

Professor Bruce Mann

Specialist Breast Surgeon, Head of Breast Surgical Research,
Director of Research at Breast Cancer Trials & Professor of Surgery,
University of Melbourne, **MELBOURNE**

16:28 – 16:42

Self-introduction

I'm Bruce Mann. I'm a Specialist Breast Surgeon in Melbourne. My current role is that I'm the Head of Breast Surgical Research at the Royal Melbourne Hospital. I'm also the Director of Research for Breast Cancer Trials.



16:43 – 17:02

How common is breast cancer in Australia?

Breast cancer is very common in Australia. It is the commonest serious malignancy in Australian women. Something like one in eight Australian women will be diagnosed with breast cancer by age 85, and that means in the next 12 months, something like 20,000 women will receive that diagnosis.

17:03 – 17:52

Why is it concerning that breast cancer is increasingly being diagnosed in younger women?

Breast cancer is being diagnosed increasingly in younger women, and this is a problem for a couple of reasons. One of them is that the cancers in younger women are often more aggressive, which means more treatments needed and the risk of death from breast cancer can be higher. Related to that is our screening programme is focused on women 50 to 75, and so women who are in their 30s or in their 40s are not typically invited to screening. And so many women will at that age will present with a cancer at a later stage and it's a cancer that potentially could have been diagnosed earlier if we had the appropriate screening in place.

17:53 – 18:14

What does earlier detection of breast cancer mean for a woman's treatment & recovery?

Early diagnosis through screening is vital. We did some work looking at women we had looked after in our service. What we found is those who had been undergoing screening required on average half the amount of treatment and were 75 per cent less likely to die from breast cancer than those who had not been screened.

18:15 – 18:23

Why is preventive healthcare so important when it comes to women's health?

In general, preventative healthcare is vital because prevention is far easier than cure.

18:24 – 19:05

What should people understand about how breast cancer screening currently works?

Breast cancer screening in Australia is managed by BreastScreen Australia. It is available to all women, 40 to 75. Women 50 to 74 will be invited to yearly and I urge people to accept the invitation. Those who are less than 50 are able to book in an appointment and can have screening. Those who are at higher risk, particularly those who have a family history in particular should be having the screening. But I would urge all women 40 plus to consider booking in for an appointment through BreastScreen Australia.

19:06 – 19:36

What would better-resourced public breast screening look like in practice, & what difference could it make for Australian women?

While the current service offered through Breast Screen Australia is excellent, there are issues. The first is participation. Not enough women are having their screening. It's never been above 56%. It needs to be much more. The second is that we should introduce risk-adjusted screening, identify the women at higher risk who may benefit from some other form of screening and work out how we can offer that at scale.

19:37 – 20:00

The Hologic Global Women's Health Index Year 5 data found only 23 per cent of Australian women were tested for cancer in the past year. Can you reflect on this?

The finding that Australia's performance in the Hologic five-year Women's Global Health Index has declined over the five years is really concerning. It's easy to assume that things are fine and we can just leave them, but that's not the case. It's constant vigilance and we need to focus on this and maintain the focus in maintaining and improving our performance.

20:01 – 20:31

Why did you choose to participate in the Conquering Breast Cancer documentary?

I agreed to participate in the conquering breast cancer documentary at the request of my patient, Dina. The project started 10 or 12 years ago as a documentation of her journey. Then it expanded to include not only women's stories and their journeys, the impact on their family, the incredible advocacy that's going on through Breast Cancer Network and others, and then the remarkable research funded by the National Breast Cancer Foundation and others.

20:32 – 20:50

How can combining data & patient stories strengthen efforts to improve women's health outcomes?

It is vital that we combine data and women's stories. The data allows us to apply the scientific method to improve what we do, but it has to be informed by women's stories because that's the reason that we're doing the research.

20:51 – 21:13

What role can newer breast imaging technologies play in improving early detection?

Newer breast imaging technologies will allow us to find more cancers early. This is particularly in women with higher breast density where the contrast studies, either contrast mammography or MRI, have the higher sensitivity. They're more likely to find a cancer if it's there than the standard mammogram.

21:13 – 21:52

Should women with dense breast tissue still be screened for breast cancer?

Just because someone's got dense breasts does not mean she should not have screening. However, standard mammography is less sensitive in a woman with higher density, which means that if there is a cancer there, it's less likely to be found in a woman with high density than in one with lower density using standard mammography. And this is where the contrast studies come in, either contrast mammography or MR are more sensitive so they are more likely or that they will find a larger proportion of the cancers that are present in those breasts.

21:53 – 22:18

Innovation in breast imaging is moving quickly. What happens when access & reimbursement don't keep pace. Who ultimately bears the cost of that gap?

Innovation in breast imaging is moving rapidly. When access and reimbursement don't keep up, we have a problem that we will end up with a two-tier system. That means those who know about the developments and have the money will be able to access them. Those who may not have the knowledge or not have the funds, they won't have access and their outcomes will be poorer.

22:19 – 22:31

What is your message to Australian women?

Early diagnosis is vital. If you think there's a problem in one of your breasts, get it checked out. If you haven't had screening recently, get screened.

Luan Lawrenson-Woods, 54

Award-winning patient advocate, speaker & podcast host
with a history of breast cancer & reconstruction, **SYDNEY**

22:40 – 22:52

Self-introduction

Hi, my name is Luan. I'm a women's health advocate, speaker, and podcaster in Sydney. After my breast cancer diagnosis, I now help women speak up and get the health care that meets their needs.

22:53 – 23:01

When were you diagnosed with breast cancer and how old were you?

I was diagnosed with invasive pleomorphic breast cancer in 2017 and I was 46 years old.



23:02 – 23:16

What led to your diagnosis?

My diagnosis came about after I went to BreastScreen New South Wales to have a mammogram. They found something a bit worrying on the scan, and they called me back for a biopsy, and I was diagnosed with breast cancer in my right breast.

23:17 – 23:33

What prompted you to get a mammogram?

I was prompted to go for my mammogram at BreastScreen after learning that mammograms were free for women who were over 40. I'd felt generally unwell, so I thought I'd just go and get a health checkup, and I took myself along to breast screen for a free mammogram.

23:34 – 23:53

What might have happened had you not had a mammogram?

If I hadn't had that mammogram, things could have been very different for me. I was 46 at the time. I wouldn't have been called for routine screening until I was 50, and potentially my breast cancer would have spread, being curable stage four metastatic breast cancer.

23:54 – 24:16

How important was early detection in your breast cancer journey?

Early detection of my breast cancer was life-saving for me. My breast cancer had spread through my right breast, and from a biopsy on some of my nodes, we could see that it was on the move. If I hadn't had been diagnosed at that time, it may have been that I would have had incurable breast cancer, which is a life-limiting disease.

24:17 – 24:43

How did you feel when you were diagnosed?

I was absolutely terrified when I was diagnosed with breast cancer. I didn't understand the disease, I didn't know what my treatment options were, I didn't know how I'd respond to that, whether they get all the cancer, and whether I, whether I'd live through it, and I was so very scared, and I wrote my husband a letter in case I died, telling him how much I loved him.

24:44 – 24:59

What symptoms, if any, did you experience?

After my diagnosis, my surgeon showed me an indent in my breast, just underneath my breast, that I hadn't been able to see, because when I did my self-checks, it was in the shadow, and I couldn't feel it.

25:00 – 25:10

How did living with breast cancer affect your career?

I had to give up work and stop work, so I could focus on my treatment and recovery, because I was working under contract and I wasn't paid for sick leave.

25:11 – 25:39

What long-term effects of breast cancer do you continue to live with today?

The long-term effects of living with breast cancer that I experience today mainly revolve around me being in surgical menopause, and I'm not able to take hormone replacement therapy, so I live with joint aches, bone aches, confusion, cognitive challenges, hot flushes that I can't alleviate through any kind of treatment.

25:40 – 25:53

How important is preventive healthcare to you?

I'm very proactive about my preventative healthcare. Australia has a range of preventative screening programs, and I've accessed two of them, which have led to early detection.

25:54 – 26:14

The Hologic Global Women's Health Index data found only 23 per cent of Australian women were tested for cancer in the past year. As someone who has lived through breast cancer, what are your thoughts on this?

When I heard that the Hologic Global Women's Health Index had found that only 23% of Australian women in the last year had been tested for cancer, I was extremely concerned. Because that means that there may be women out there who have a cancer and it hasn't been diagnosed.

26:15 – 26:38

Why do you think so many women are not prioritising their healthcare needs, & what barriers are they facing?

I think so many women aren't making their healthcare a priority because they've got so many other things they are responsible for in their life, they're doing all the things from work to caring responsibilities to looking after the home, managing budgets, and then there's also the increased specialist costs alongside the increased cost of living.

26:39 – 27:01

What motivated you to share your story in the *Conquering Breast Cancer* documentary?

I was motivated to share my story in the *Conquering Breast Cancer* documentary because I wanted any woman who is facing the devastating decision to have a mastectomy to know what all their options are and feel confident that they can have a discussion with their specialist and make a fully informed decision about the surgery that is right for them and for their body.

27:02 – 27:19

What was the financial toll of your breast cancer, and how did that impact your life?

Seeing oncologists, lymphedema masses, exercise physiologists, physiotherapists, getting scans, getting blood tests, regular appointments with my GP, they all add up. Money, time with low Medicare rebates.

27:20 – 27:36

What do you want other women who have been diagnosed with breast cancer to know?

What I want other women who've just been diagnosed with breast cancer to know is that it's going to be hard, but you've absolutely got this, and on the days, those wobbly days that you don't feel that you have, the breast cancer community are here for you, and we've got you.

27:37 – 27:49

What would you say to other women who keep delaying health checks or screening appointments?

Don't leave yourself to last. Looking after your health is not selfish. You deserve the best healthcare that there is.

Kensi Naicker

General Manager, Australia & New Zealand, Hologic, **SYDNEY**

27:54 – 28:03

Self-introduction

Hi, I'm Kensi Naicker. I'm the General Manager for Hologic Australia, New Zealand, and I'm based in Sydney.



28:04 – 28:24

What is the Hologic Global Women's Health Index and why should Australian women care about it?

The Hologic Global Women's Health Index is one of the largest studies conducted over 145,000 participants over 144 countries, and this was started in conjunction with Gallup in 2020, and we're now up to year five in terms of data.

28:25 – 28:38

What are the five dimensions of women's health covered in The Hologic Global Women's Health Index?

The five dimensions of the Hologic Global Women's Health Index are Preventive Care, Emotional Health, Opinions on Health and Safety, Basic Needs, and Individual Health.

28:39 – 28:50

How did Australia score on the Hologic Global Women's Health Index in year five?

In year five, Australia scored on the Hologic Global Women's Health Index 59 out of 100 which is slightly ahead of the average of 54.

28:51 – 29:03

What does The Hologic Global Women's Health Index reveal about the state of Australian women's health?

In year five on the Hologic Global Women's Health Index, Australia scored 59 out of 100, just ahead of the global average of 54.

29:04 – 29:28

What finding from The Hologic Global Women's Health Index concerned you the most?

On the five dimensions, Australia, over the last five years, has been deteriorating across these dimensions. Of particular concern is when we compare ourselves to other modern societies, and I'll use the example of Singapore, where 97% of women feel safe walking home at night. For Australian women, this number is 54% feel safe walking home at night, which I think is a terrible result.

29:29 – 29:52

Can you reflect on Australian women having their emotional health and basic needs met?

Across the five years, what we've seen is a further deterioration of Australian women; look from a food security perspective, 22 per cent of women feel less secure about where their food is coming from, which is quite a troubling statistic, and 11 per cent from a shelter perspective about where they're going to be housed.

29:53 – 30:12

What does The Hologic Global Women's Health Index tell us about Australian women having their basic needs met over the past five years?

Across the five years, when we see this deterioration in women from a food security perspective and a housing perspective in Australia struggling, and that number increasing, how can women then actually seek out preventative care from healthcare perspective.

30:13 – 30:21

Why is preventive healthcare so important?

Preventative healthcare is very important because if we catch disease earlier, we have better outcomes for women.

30:22 – 30:36

Why does breast cancer remain a significant issue for women worldwide?

So, despite us having a national breast screening program, and despite the advances of medicine in diagnosing and the treatment of breast cancer, nine Australians lose their life to breast cancer every day.

30:37 – 30:47

Why is this concerning?

It is very concerning because we know that early detection saves lives and this is a preventable and treatable disease.

30:48 – 31:02

Why has Hologic chosen to be the Australian presenting partner of the Conquering Breast Cancer documentary alongside the release of The Global Women's Health Index?

So Hologic Australia New Zealand has decided to be the presenting partner for conquering breast cancer to raise the awareness that breast cancer still remains a massive issue for Australian women and men.

31:02 – 31:28

What needs to happen to improve women's health outcomes in Australia?

So we need to look at how women access healthcare services to improve their health, so firstly, I mean, if we look at women in cities, women in regional sites, women from indigenous backgrounds, and women from multicultural backgrounds, what we'll find is how they access healthcare in this space is very different, and we need to improve that.

31:29 – 31:45

Why is it so important that women don't delay or deprioritise their health?

Women are the social fabric of our communities, so whether that be overseas or in Australia, women, I think, are the very glue that holds us together, and we need healthy women for healthy communities.

OVERLAY	
Lynette & Jude Bolton, SYDNEY	
31:50 – 32:00	Medium close-up hero shot of Lynette looking up
32:01 – 32:10	Panning (left) hero shot of Lynette looking directly into camera
32:11 – 32:22	Panning (right) hero shot of Lynette looking directly into camera
32:23 – 32:35	Medium low-angle close-up of Lynette walking in backyard
32:36 – 32:55	Close-up of Lynette walking in backyard, looking up and around
32:56 – 33:07	Medium panning (right) shot of Lynette & her daughter holding silkie chicken
33:07 – 33:14	Close-up zoom in (right) shot of Lynette & her daughter petting silkie chicken
33:15 – 33:20	Close-up of Lynette's daughter petting silkie chicken & looking up at Lynette as Lynette holds chicken
33:21 – 33:27	Extreme close-up of silkie chicken as Lynette's daughter pets it
33:28 – 33:33	Medium to close-up zoom in shot of chicken in Lynette's backyard
33:34 – 33:49	Wide shot of Lynette sitting at table outside and Jude taking a seat with her
33:50 – 33:56	Medium panning (right) shot of Jude and Lynette sharing a cup of tea at the outside table
33:57 – 34:06	Medium shot of Jude smiling and talking to Lynette holding a cup of tea
34:07 – 34:23	Close-up panning (up) shot Jude as he takes a sip of his tea
34:24 – 34:39	Medium close-up of Lynette smiling and talking to Jude as she drinks her tea
34:30 – 34:36	Close-up side angle shot of Lynette taking a sip of her tea and laughing as she talks to Jude
34:38 – 34:46	Close-up panning (down) shot of Lynette taking a sip of her tea, then placing her tea cup down onto table and holding it
34:37 – 34:54	Medium shot from behind Jude of Lynette facing him, smiling and eating muffins
34:55 – 35:08	Wide shot of Lynette and Jude walking in their backyard
35:09 – 35:18	Medium close-up of Lynette and Jude standing in their backyard and drinking tea talking to their daughter (out of frame)
35:19 – 35:29	Medium wide shot of Lynette and Jude's daughter jumping on trampoline and doing backflips
35:30 – 35:37	Wide shot of Lynette and Jude looking at their daughter jumping on trampoline
35:37 – 35:46	Close-up of Lynette and Jude's daughter jumping on trampoline
35:36 – 35:55	Medium shot of Lynette and Jude looking at their daughter jumping on trampoline
35:55 – 36:13	Extreme close-up shot of Lynette holding her tea, panning up to her smiling at her daughter then turning to Jude
36:14 – 36:24	Medium close-up shot of Lynette looking at Jude and smiling then looking back at her daughter smiling
36:25 – 36:35	Medium wide shot from behind Lynette and Jude of their daughter jumping on trampoline
36:44 – 36:47	Medium shot of Lynette sitting on couch giving her pet dog a treat
36:48 – 36:53	Medium wide shot of Lynette sitting on couch petting her dog
36:54 – 37:03	Medium shot of Lynette sitting on couch petting her dog
37:04 – 37:10	Medium close-up shot of Lynette sitting on couch petting her dog
Professor Bruce Mann, MELBOURNE	
37:13 – 37:20	Close-up hero shot of Prof Mann looking up
37:21 – 37:33	Medium close-up hero shot of Prof Mann looking up
37:34 – 37:48	Medium close-up (slight left angle) of Prof Mann looking up
37:49 – 37:59	Low-angle wide shot of The Royal Women's Hospital exterior
38:00 – 38:05	Close-up shot of The Royal Women's Hospital exterior signage
38:06 – 38:10	Wide shot of exterior entrance signage for Frances Perry House, The Royal Women's Hospital
38:11 – 38:17	Wide low-angle shot of The Royal Women's Hospital exterior entrance
38:18 – 38:24	Extreme close-up of The Royal Women's Hospital signage
38:25 – 38:32	Extreme wide low-angle shot of The Royal Women's Hospital exterior

38:33 – 38:40	Medium-wide shot of sculpture outside of The Royal Women's Hospital entrance
38:41 – 38:46	Extreme wide low-angle of The Royal Melbourne Hospital signage
38:47 – 38:50	Close-up of The Royal Melbourne Hospital signage
38:51 – 38:55	Medium shot of The Royal Melbourne Hospital wayfinding signage and entrance signage
38:56 – 39:02	Close-up shot of The Royal Melbourne Hospital window signage exterior
39:03 – 39:07	Medium shot of patient-centred window signage at The Royal Women's Hospital exterior
39:08 – 39:16	Medium shot of Prof Mann walking through the hallway and into consulting room
39:17 – 39:20	Zoom in medium shot of Prof Mann entering consulting room
39:21 – 39:30	Medium wide side shot of Prof Mann speaking to medical receptionist
39:31 – 39:37	Medium frontal shot of Prof Mann speaking to medical receptionist
39:38 – 39:41	Extreme close-up of Prof Mann's consulting suite signage
39:42 – 39:51	Zoom in medium shot of Prof Mann sitting at his desk, working on his computer and typing on his computer
39:52 – 39:55	Medium close-up shot of Prof Mann sitting at his desk and typing on his computer
39:56 – 40:02	Panning up medium shot of Prof Mann sitting at his desk and typing on his computer
40:03 – 40:05	Extreme wide-shot of Prof Mann sitting at his desk and typing on his computer
40:06 – 40:10	Medium shot of Prof Mann sitting at his desk and typing on his computer
40:11 – 40:25	Extreme close-up shots of Prof Mann's qualifications and degrees
40:25 – 40:31	Medium shot of Prof Mann's patient sitting in waiting room
40:31 – 40:36	Medium close-up shot of Prof Mann's patient sitting in waiting room
40:37 – 40:45	Wide shot of Prof Mann's patients sitting in waiting room
40:46 – 41:06	Wide shot of Prof Mann guiding and directing patient into consulting room and patient sitting down, zoom in shot to close-up of Prof Mann
41:07 – 41:21	Medium shot of Prof Mann analysing breast scans of patient
41:22 – 41:56	Medium shot of Prof Mann (from left) analysing breast scans of patient
41:57 – 42:11	Medium shot of Prof Mann's patient sitting down in consult room and talking to Prof Mann
42:12 – 42:29	Close-up of Prof Mann's patient discussing her breast scans with Prof Mann
42:30 – 42:39	Close-up (from right) of Prof Mann's patient discussing her breast scans with Prof Mann
42:40 – 42:48	Wide shot (from right) of Prof Mann and patient discussing her breast scans
42:49 – 42:59	Wide shot (from rear of patient) of Prof Mann and patient discussing her breast scans
43:00 – 43:23	Extreme close-ups of patient's breast scans and Prof Mann analysing them
43:24 – 43:44	Extreme close-ups of Prof Mann marking patient's tumour growth on breast diagram
43:45 – 43:49	Medium shots of patients receiving mammograms
43:50 – 43:56	Extreme close-up of mammography device
43:57 – 44:01	Medium close-up shot of mammography device
44:02 – 44:05	Extreme close-up of mammography device
44:06 – 44:12	Medium shot of mammography device
44:13 – 44:14	Extreme close-up of mammography device signage
44:15 – 44:16	Close-up panning (left) of mammography device
44:16 – 44:17	Extreme close-up of mammography device
44:17 – 44:25	Medium shot of Prof Mann talking to patient and preparing her for breast surgery operation
44:26 – 44:28	Medium shot of surgical nurse preparing instruments for breast surgery operation
44:29 – 44:30	Medium shot of breast cancer surgery
44:31 – 44:32	Extreme close-up shot of nurse during breast cancer surgery
44:33 – 44:35	Medium wide shot of breast cancer surgery
44:36 – 44:38	Close-up shot of surgical roster on whiteboard of operating theatre
44:39 – 44:43	Medium wide shot of breast cancer surgery
44:44 – 44:46	Extreme close-up of IV drip
44:47 – 44:48	Extreme close-up of surgical instruments
44:49 – 44:49	Extreme close-up of ECG machine tracking patient's vitals during breast cancer surgery

44:50 – 44:56	Wide shot of operating theatre exterior
Luan Lawrenson-Woods, 54, SYDNEY	
44:58 – 45:09	Medium to wide shot of Luan walking into her office, sitting down at desk and recording her podcast – <i>Regarding Me + Rewritten Me</i>
45:10 – 45:19	Wide shot of Luan in her office, sitting at her desk with her headphones on and recording podcast
45:20 – 45:25	Medium close-up shot of Luan in her office, sitting at her desk, putting on her headphones, setting up mic and recording podcast
45:26 – 45:25	Extreme close-up of Luan sitting at her desk with her headphones on, speaking into mic and recording her podcast
45:25 – 45:28	Close-up shot of Luan recording footage of herself for her podcast on laptop
45:29 – 45:32	Close-up shot of Luan scrolling through her website and looking at her podcast episodes for <i>Rewritten Me</i>
45:33 – 45:37	Close-up shot of Luan's hands as she sits at her desk and records podcast
45:38 – 45:41	Close-up shot of Luan with her headphones on, speaking into mic and recording her podcast
45:42 – 45:46	Panning (left) close-up shot of Luan recording footage of herself for her podcast on laptop to close-up shot of the back of Luan's head
45:47 – 45:55	Panning (down) medium wide shot of Luan sitting at a table, writing in her notebook and reviewing document
45:56 – 46:05	Wide shot of Luan sitting at a table, writing in her notebook and reviewing document
46:06 – 46:11	Medium shot of Luan sitting at a table, writing in her notebook and reviewing document
46:12 – 46:17	Panning (right) medium close-up shot of Luan sitting at table and writing in notebook
46:18 – 46:22	Close-up of Luan referring to her notebook
46:23 – 46:30	Close-up of Luan writing in her notebook
46:31 – 46:35	Close-up of Luan looking down at her notebook
46:36 – 46:53	Close-up of Luan flipping through pages of document of her breast scan results
46:54 – 47:01	Close-up of Luan writing in her notebook 'Questions for next appointment' after reviewing her breast scans
47:02 – 47:11	Wide shot of Luan from behind walking onto balcony whilst holding a cup of tea
47:12 – 47:25	Medium wide shot of Luan from side angle (right) walking onto balcony whilst holding a cup of tea
47:26 – 47:36	Medium shot of Luan reading a book on balcony
47:37 – 47:44	Close-up panning (left/up) shot of Luan reading a book on balcony
47:45 – 47:51	Extreme close-up shot of Luan reading a book on balcony
47:52 – 47:54	Extreme close-up of Luan picking up her tea
47:55 – 48:02	Close-up of Luan taking a sip from her tea
48:03 – 48:09	Medium side-angled shot of Luan walking on her balcony and looking onto view
48:10 – 48:16	Medium shot from behind of Luan walking on her balcony and looking onto view
48:18 – 48:23	Medium shot from behind panning (right) of Luan standing and looking out on her balcony
48:24 – 48:30	Close-up ¾ shot of Luan's face admiring view from her balcony and sipping her cup of tea
48:31 – 48:35	Close-up shot from behind of Luan admiring the view from her balcony
48:36 – 48:43	Medium shot from behind of Luan standing by Sydney harbour, looking out across the water
48:44 – 48:51	Close-up shot of Luan looking at Sydney harbour
48:52 – 48:57	Medium shot of Luan (side angle) walking along the harbour, looking out across the water
48:58 – 49:07	Panning (left) close-up behind to front profile shot of Luan looking at Sydney harbour across the water
49:08 – 49:12	Zoom in ¾ close-up shot of Luan looking at Sydney harbour
49:13 – 49:19	Zoom in hero shot of Luan standing next to Sydney harbour looking directly at camera
49:20 – 49:23	Extreme close-up of Luan's hand
49:24 – 49:29	Close-up panning (right) shot of Luan admiring Sydney harbour

49:30 – 49:36	Wide shot of Sydney harbour
49:37 – 49:41	Extreme wide shot of Luan admiring Sydney harbour
49:42 – 49:44	Extreme close-up over Luan's right shoulder of Sydney harbour
49:45 – 49:52	Extreme close-up of Luan's face looking out at Sydney harbour and walking away from camera
49:53 – 49:58	Aerial drone footage zoom in of Luan's backyard
49:59 – 50:04	Medium shot of Luan sitting down with friend in backyard
50:05 – 50:08	Aerial drone extreme wide shot of Sydney harbour from Luan's home
50:09 – 50:15	Wide panning (right) shot of Luan sitting down and chatting with friend in backyard
50:16 – 50:23	Medium panning (left) shot of Luan sitting down chatting with friend in backyard
50:24 – 50:29	Medium panning (right) shot of Luan sitting down and talking to friend in backyard
50:30 – 50:36	Extreme panning (left) drone wide shot of Luan sitting down and chatting with friend in backyard
50:37 – 50:41	Zoom-in medium shot of Luan recording herself on iPhone sitting on tripod
50:42 – 50:48	iPhone footage of Luan speaking directly into phone camera
50:49 – 50:52	Panning (right) close-up shot of Luan recording herself on iPhone on tripod
Mr Kensi Naicker, SYDNEY	
50:54 – 50:58	Zoom in close-up hero shot of Kensi
50:59 – 51:05	Close-up panning (left) hero shot of Kensi
51:06 – 51:08	Medium out-of-focus to focus shot of Hologic signage
51:09 – 51:12	Close-up shot of Hologic signage
51:13 – 51:16	Extreme close-up shot of Hologic slogan – <i>The Science of Sure</i>
51:17 – 51:24	Panning (left) close-up out-of-focus to focus shot of Hologic signage
51:25 – 51:32	Medium shot of Kensi entering Hologic office
51:33 – 51:39	Wide shot of Kensi walking into Hologic office
51:40 – 51:49	Close-up shot of Kensi's office signage and Kensi walking to his desk
51:50 – 51:58	Wide shot of Kensi working at his desk
51:59 – 52:07	Extreme panning (up) close-up of Kensi working at his desk
52:08 – 52:11	Extreme close-up of Kensi's hand on his mouse at his desk
52:12 – 52:15	Medium close-up of Kensi working at his desk (front)
52:16 – 52:21	Extreme close-up of Kensi working at his desk (back)
52:22 – 52:27	Close-up of Kensi working at his desk (back) and panning to his computer as he reads <i>The Hologic Global Women's Health Index</i>
52:28 – 52:51	Close-up of Kensi reviewing and reading <i>The Hologic Global Women's Health Index</i>
52:52 – 53:05	Medium close-up of Kensi walking through Hologic office and into the <i>Hologic Experience Room</i> (right)
53:05 – 53:16	Medium shot of Kensi walking into the <i>Hologic Experience Room</i>
53:17 – 53:21	Close-up shot of Hologic signage and Kensi walking into the <i>Hologic Experience Room</i>
53:22 – 53:30	Wide shot of Kensi and his coworkers chatting in the Hologic office common area
53:31 – 53:43	Zoom in medium wide shot of Kensi and his coworkers chatting in the Hologic office common area
53:44 – 53:57	Zoom in medium to close-up shot of Kensi and his coworkers chatting in the Hologic office common area
53:58 – 54:03	Zoom in medium to close-up shot (from left) of Kensi and his coworker chatting in the Hologic office common area
54:04 – 54:19	Close-up panning (left) shot of Kensi's coworker liaising with him in the Hologic office common area
54:20 – 54:33	Medium close-up panning (right) of Kensi's coworkers chatting with him in the Hologic office common area
54:34 – 54:44	Zoom in medium close-up shot (from behind of Kensi) panning (right) of Kensi's coworkers chatting with Kensi
54:45 – 54:55	Close-up of Hologic-branded mug on table in Hologic office common area
54:56 – 55:10	Medium shot of Kensi walking through Hologic office and into meeting room

ends#

For any questions regarding this VNR, please contact:

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