

Australian women's health declining across key measures, landmark global report reveals

Breast cancer survivor & media personality, Lynette Bolton – wife of former Sydney Swans champion Jude Bolton – to front data launch, as national preventive screening gap widens

You're invited to Event Cinemas George Street, Sydney, for the official release of Hologic's Year 5 Global Women's Health Index findings, coinciding with a panel discussion and screening of *Conquering Breast Cancer* – a new Australian documentary revealing the human cost of the nation's breast cancer screening gap.

This special event will be fronted by breast cancer survivor and media personality Lynette Bolton – wife of former Sydney Swans champion Jude Bolton – diagnosed with fast-growing, triple negative breast cancer in December last year – alongside Specialist Breast Surgeon Professor Bruce Mann, researchers and patient advocates.



Conducted by Gallup, the Index examines women's health across the following five dimensions in 144 countries and territories:

1. Preventive Care
2. Individual Health
3. Emotional Health
4. Basic Needs
5. Opinions of Health and Safety.

Australia is moving in the wrong direction on women's health, scoring 59 out of 100, above the global average of 54.^{1,2} Other key Index findings include:

- Fewer than one-in-four (23 per cent) Australian women and girls aged 15+ report being tested for cancer in the past year;¹
- All but one screening rate recorded in Australia has fallen below Year 1 levels;¹
- More than one-in-five Australian women have struggled to afford food in the past year, and one-in-nine have been unable to afford shelter – contributing to a decline in Australia's Basic Needs score from 92 to 84 in five years.¹
- Australian women are also more stressed, worried, angry and sad than they were in Year 1 – with 52 per cent reporting feeling stressed for much of the previous day, and 41 per cent experiencing worry.¹

Release of the Index findings marks a national call to action on cancer screening and women's health, encouraging Australians to prioritise preventive care.

- 📌 **WHAT:** National release of Hologic's Year 5 Global Women's Health Index coinciding with panel discussion & *Conquering Breast Cancer* screening
Advance copy of the Australian Index findings available under embargo
- 📅 **WHEN:** Wednesday, July 22, 2026 | 10.15am media arrival, for 10.30am doorstop interviews + 1:1 interviews + photo opportunities
- 📍 **WHERE:** Cinema 3, Event Cinemas George Street, 502-525 George Street, Sydney [up the escalators], followed by a panel discussion & documentary screening

AVAILABLE FOR INTERVIEW IN SYDNEY

BREAST CANCER AMBASSADOR	
Lynette Bolton, 46	Breast cancer survivor, Sydney media personality, Travel Oz host, wife of former Sydney Swans champion Jude Bolton, & mother-of-two – diagnosed with fast-growing, triple negative breast cancer late last year, SYDNEY
EXPERTS	
Professor Bruce Mann	Specialist Breast Surgeon; Head of Breast Surgical Research, The Royal Melbourne Hospital; Director of Research, Breast Cancer Trials; & Professor of Surgery, University of Melbourne, MELBOURNE (VISITING SYDNEY)
Dr Cleola Anderiesz	CEO, National Breast Cancer Foundation, SYDNEY
Ms Nadia Levin	CEO & Managing Director, Research Australia, SYDNEY
Mr Kensi Naicker	General Manager, Hologic Australia & New Zealand, SYDNEY
Ms Aggie Cox	Spokesperson, Hologic Global Women's Health Index data, MELBOURNE [VISITING SYDNEY]
BREAST CANCER ADVOCATE	
Luan Lawrenson-Woods, 54	Award-winning self-health advocate, speaker & host with a history of breast cancer & reconstruction, featuring in Conquering Breast Cancer, SYDNEY

DOWNLOADABLE ASSETS

DIGITAL MEDIA KIT	www.womenshealthindex.com.au
BROADCAST VISION	www.womenshealthindex.com.au/vnr
AUDIO GRABS	www.womenshealthindex.com.au/anr
MEDIA CONTACTS + INTERVIEWS	Kirsten Bruce & Sam Jacobs, VIVA! Communications M 0401 717 566 0422 654 404 T 02 9968 3741 E kirstenbruce@vivacommunications.com.au sam@vivacommunications.com.au

References

1. The Hologic Global Women's Health Index: Australia. Hologic & Gallup; 2026.
2. The Hologic Global Women's Health Index. Hologic & Gallup; 2026.
3. Conquering Breast Cancer – Australia Edition. Moonshine Agency; 2026.